

101

Things To *Reduce* In Your Home

Don't miss out on the benefits of minimalism because you're afraid of getting rid of something you might need later. You can experience the benefits by simply reducing the number of excess items in your home. Here is a list of 101 things to minimize:

- Kitchen glassware
- Cookbooks
- Kitchen gadgets
- Kitchen appliances
- Pots / Pans
- Mixing bowls
- Tupperware
- Water pitchers
- Coffee mugs
- Glass jars
- Magazines / Newspapers
- Books
- Over-the-counter medicine
- Makeup
- Hair accessories
- Personal beauty appliances
- Toiletries
- Photos
- Photography supplies
- Sewing supplies
- Scrap-booking supplies
- Other craft supplies
- CDs
- DVDs / VHS tapes
- Wall decorations
- Candles
- Candle holders
- Figurines
- Crystal / China
- Vases
- Audio / Visual components
- Audio / Visual cables
- Computer equipment
- Computer peripherals
- Old cellphones
- Furniture
- Video game systems
- Video game accessories
- Video games
- Shirts
- Pants / Shorts
- Dresses / Skirts
- Hats
- Clothes hangers
- Shoes
- Ties / Belts / Accessories
- Coats
- Winter gear
- Socks / Underwear
- Sleepwear
- Jewelry
- Purses
- Pillows
- Linen sets
- Duvets / Comforters
- Blankets
- Towels
- Televisions
- Items on your bulletin board
- Magnets
- Home office supplies
- Coins
- Pens / Pencils
- Rubber bands / Twist ties
- Cleaning supplies
- Old batteries
- Tools
- Hardware
- Coolers
- Manuals
- Phone books
- Coupons
- Board games
- Puzzles
- Decks of cards
- Unused gifts
- Baby clothes
- Baby supplies
- Old schoolbooks / Papers
- Toys
- Stuffed animals
- Kid's artwork
- Suitcases
- Pantry food
- Paper goods
- Wrapping supplies
- Pet supplies
- Plastic bags
- Party supplies
- Seasonal decorations
- Sporting goods
- Sports memorabilia
- Automobiles
- Automotive supplies
- Scrap pieces of lumber
- Brooms
- Rakes
- Shovels
- Garden tools
- Plant containers / Pots
- Empty cardboard boxes